

2020-2021 Hudson Valley Indoor Tennis Safety Protocols

Please read carefully and only sign if you are confident you can comply with every protocol listed below.

BEFORE COMING TO HVIT

1. Be sure you have no elevated temperature or feel ill in any way. Even if believe you may have only a cold, please do not come to the club.
2. Do not come to HVIT if you have been on public transportation, commuting back and forth to work, or spending time with others where social distancing was not strictly enforced. You can return to HVIT 14 days after any of the above, assuming you have no symptoms.
3. Do not come to HVIT if you have the *slightest suspicion* you may be infected with the novel coronavirus or been exposed to someone who has it. You can return after quarantining for 14 days with no symptoms.

ENTERING CLUBHOUSE AND GOING ONTO YOUR COURT

1. You must wait outside or in your car until your scheduled playing time. The official court clock can easily be seen from outside. The only exceptions are if you need to change your shoes (you may wear your tennis shoes into the club this year only) or make a payment. You may enter a few minutes early if you need to do either task.
2. Please remain six feet apart when entering the club.
3. You must enter the clubhouse wearing a mask that covers both your nose and mouth and leave it on until you are ready to play. We encourage people to wear masks while playing, but this is not mandatory.
4. Please enter with clean hands or immediately use hand sanitizer that is located in entryway
5. Please proceed directly through the clubhouse onto your assigned court. No one is allowed up the stairs to the viewing area except for staff members.
6. Once on the court, please assign yourself one of the four chairs and place your tennis bag next to it. The chairs will be well spaced out. Do not move the chairs closer together. If you plan on sitting in the chair, we suggest you use a disinfectant wipe on the arms, back and seat.
7. Nothing can be left on the court when you are ready to leave. Used wipes, water bottles, balls, cans, lids, tissues, etc. need to go into your tennis bag. There will be no garbage cans at the club this season. This helps insure a touchless environment.
8. There will be no water available at the club this coming season. Please bring your own water bottle for each play.

PLAYING RULES

1. Every person should bring a new can of balls. The USTA recommends that people not from the same household each use their own balls, which you have marked with your initials. Only you should handle these balls. If a group decides to play with just one can of balls, the USTA recommends wearing gloves or using hand sanitizer frequently.
2. Doubles players should make every effort to stay six feet apart at all times. No whispered instructions, high fives, hugs, etc.

3. Please do not yell out the score or whether the ball was in or out. Instead, speak in a moderate voice or use hand signals. Never use a loud voice, which could expel viral droplets.
4. If you are playing singles, do not switch sides of the court. If you are playing doubles, do not switch sides during the match (unless you want to change teams at the end of a set, then two players will have to switch sides).
5. If you need to sneeze or cough, please do so into a tissue or your elbow.

OTHER HVIT RULES FOR THIS SEASON

1. Bathrooms will be open, but are for emergency use only. Showers will be off-limits.
2. We ask that not more than one person use a bathroom at a time. Please wear a mask while you are in the bathroom (or anywhere else in the clubhouse). Do not use the hand dryer. We will provide paper towels to dry your hands, but these too, once used, must be put in your bag to take home.
3. Please change into your tennis clothes at home or work so you do not need to use the bathroom as a changing area.
4. Both in the clubhouse and on the court, we encourage people to touch as little as possible. For example, consider opening doors with something other than your hand (perhaps a towel or your shirt tail).
5. If you have not pre-paid for your court, there will be envelopes and a small standing desk in the entryway. Please put your name and date on the envelope, place your check or exact amount of cash inside and put the envelope in the adjacent metal mailbox. If you decide to pay using Zelle (a bank to bank transfer app), please contact us prior to playing.

TWO FINAL VERY IMPORTANT ITEMS

1. If you find out that you have COVID-19 after having been at HVIT, please contact us at once by phone (845-802-0128) or email (hvitennis@gmail.com). Please also contact anyone you have played with.
2. You acknowledge the health risk of COVID-19 and understand that although HVIT is taking precautions to mitigate the spread of the virus, there remains the risk of contracting the virus by simply being in an indoor tennis club shared by others.

AGREEMENT TO ALL TERMS AND SIGNATURE

I, _____, AGREE TO ABIDE BY ALL RULES SHOWN ABOVE.
[PRINT NAME]

SIGNATURE: _____ DATE: _____